GENERAL SAFETY RULES for COMPETITORS

- Check your equipment before shooting. Check the limbs for cracks. Never shoot a cracked or bent arrow.
- o Never place an arrow in the bow until you are ready to shoot it.
- o Never loose an arrow when you cannot see where it will land.
- o No archer shall draw a bow with the bow hand higher than the head
- Never loose an arrow straight into the air (except in regulated clout shooting)
- o Never pull a loaded or unloaded bow in anybody's direction.
- o Never point an arrow at a person.
- Never throw an arrow.
- Never stand forward or to the side of an archer about to shoot; not only can you destroy the
 archers concentration but you place yourself in danger from a mis-nocked arrow which can flirt
 in any direction on release.
- Whilst someone else is shooting keep your eyes and mind alert for possible danger, at the moment of loosing the archers concentration is solely on the target.
- Where possible danger exists shout STOP! or FAST! If you have doubts of any nature state loudly DON'T SHOOT!
- At least one adult member of a group should always remain standing in front of the target if
 other members are searching for arrows. Alternatively, prop at least one bow or branch in front
 of target face.
- Always keep to the marked path from each target to the next shooting stand. Don't just think things are safe. MAKE SURE.
- o Juniors/cubs should never leave a group without adult supervision.
- o Nobody should ever RUN on an archery range.
- Check to see if anybody is in the way (behind you) when pulling arrows
- o Brightly coloured clothing, preferably hi-vis, is recommended.
- Note that camouflage clothing could be a contributory factor to an incident and should not be worn without some additional hi-vis extra